



May 2019 Newsletter

cityview.care



A Message from Murielle, *Executive Director*

It's been said that "A mother is your first friend, your best friend, your forever friend." This May, we will honor our "forever friends" on May 12th by celebrating Mother's Day. We'll be featuring special entertainment on the rooftop, a dessert bar, and coffee.

We have an interesting outing planned for every Thursday in May; and because Spring presents the loveliest of gardens, these visits include two LA gardens known for their botanical grounds. We'll be touring the Descanso Gardens in La Canada, and the SuihoEn Japanese Gardens in Van Nuys. We'll also be lunching at the Cheesecake Factory and viewing *The Sun is Also Star* on the Big Screen! More details are listed on the "Outings Not To Miss" section.

In April, our residents had the opportunity to tour the USS Iowa Battleship for the first time, and had a wonderful time learning the history of this battleship relic. The residents had the were able to stand in the very place where three U.S. presidents had stood before them.

If you're interested in subjects like history or music, please join Activities Director Mike as he conducts his Open Forums with the residents. This month, you'll be discussing Florence Nightingale, the founder of modern nursing; a Mississippi truck driver who became one of the most famous singers of all time, Elvis Presley; and finally, the British Invasion, or the British bands including the Beatles that followed Elvis.

Remember, if you need to get a little everyday shopping done, CityView offers a shuttle every Tuesday to some of our local pharmacies and grocery stores. The schedule for those outings are listed on the next page.

Wishing all our mothers a wonderful Mother's Day, and all our residents a beautiful May,

Murielle Chocron

CityView Snapshots

Bill and Rosalie



Winnie and Shirley



Mae





Please be sure
to attend our
Special Music
Concerts and other
Live Performances
in May.

5/05	Torrie Jones on Piano	3:00 p.m.
5/12	TBD	3:00 p.m.
5/19	Torrie Jones on Piano	3:00 p.m.
5/26	Chloe Vaught Sings Jazz	3:00 p.m.

Birthdays this Month

Dorothy McGarry	5/01
Nola Irvin	5/10
Julia Donzis	5/18
Daniel Levitt	5/29



Religious Services and Study

Shabbat Services - Friday at 6:30 p.m.
Bible Study - Saturdays at 1:30 p.m.

Resident of the Month Michelle Fullmer

Our resident of the month, Michelle Fullmer, was born right here in Los Angeles. She grew up in the San Fernando Valley, and

loves living here in LA. She thinks the weather is the best, loves the excitement, and being close to her family. Michelle also has two daughters -- Ariel who makes jewelry, and McKenna who teaches at a university to Japanese students. Michelle has an interesting career involving fragrance formulation. She is a cosmetic chemist.



She loves to travel, and her favorite destination would be Athens, Greece. She loves taking a boat and traveling around the Greek islands. Michelle also enjoys reading. If Michelle could go back in time and give advice to herself at the age of 21, she would advise not to get married, but still have her daughters. She'd also tell herself to "stay in school!"



CityView University

CityView offers many interesting and varied educational experiences for those interested in

brushing up or learning new things. Want to learn French? Explore poetry and books? Find out more about art? Participate in discussions? Do all this and more every month right here at CityView.

Social Hour w/Shaquan 5/01, 10, 17, 24 7:00 p.m.
Refreshments & Group Discussions

Open Forum

Topic: Florence Nightingale 5/01 11:00 a.m.
Elvis and the British Invasion 5/04 11:00 a.m.

Art History w/Sharon 5/06 4:00 p.m.

Culinary Creations 5/06, 13, 20, 27 2:30 p.m.

Art History w/Sharon 5/06, 20 4:00 p.m.

French w/Yohan 5/08, 20 2:30 p.m.

Creative Zone with Stephanie 5/10 3:00 p.m.

Jewelry w/Juniper 5/12, 26 11:00 a.m.

Art & Music w/Jane 5/13 3:00 p.m.

Poetry Corner with Stephanie 5/14 1:30 p.m.

Book Club with Stephanie 5/24 3:00 p.m.

May Outings Not To Miss!

Below are the special and exciting outings we have planned for the month of May.



Thursday, May 2

Cheesecake Factory

Ranking #1 in 2017 in the Casual Dining category of The Harris Poll, and #1 for Food Quality in a national survey of diners, this beloved restaurant that began in Los Angeles features something for everyone on both its extensive meal menu and its enormous dessert menu.



Thursday, May 9

Griffith Observatory

Its commanding view of the Los Angeles basin, including Downtown Los Angeles, Hollywood, and the Pacific Ocean, is reason enough for a visit to the Griffith Observatory. Being a unique hybrid of public observatory, planetarium, and exhibition space, it inspires everyone to observe, ponder, and understand the sky.



Thursday, May 16

Descanso Gardens Outing

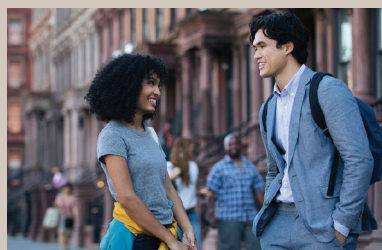
Located in La Canada, these beautiful gardens were once part of a private estate that Walt Disney was eyeing as a potential site for Disneyland when the original owner (Elias Manchester Boddy) decided to sell. Instead, the people of California took control and history was made. With nine styles of gardens to explore, including a fragrant rose and camellia garden, this outing offers you a chance to slow down and smell the roses!



Thursday, May 23

Japanese Gardens Outing

Built next to a water reclamation plant, these Japanese Gardens are designed to demonstrate a positive use of reclaimed water. These gardens are created to be enjoyed during each of the four seasons and is host to a combination of flowers such as azaleas, cherry trees, magnolias, wisteria, raphiolepis indica, iris and lotus.



Thursday, May 30

See it on the Big Screen

The movie, *The Sun is Also a Star*, is about a young quantum physics student who meets a charming young exchange student with whom she forms a romantic relationship with. The movie follows the huge chain reaction of things that happen following this development.

CityView Tuesday Shopping Shuttles

We offer a shuttle every Tuesday in May that will take you to the bank and some of your favorite shops.

5/07	Shuttle to CVS	11:00 a.m.
5/14	Shuttle to Goodwill	11:00 a.m.
5/21	Shuttle to Sprouts	11:00 a.m.
5/28	Shuttle to CVS	11:00 a.m.



French Class w/Yohan

Parlez-vous francais? Those CityView residents who attend the French Classes with Yohan do.

Yohan makes learning the romance language of French fun and easy. French is considered

one of the easiest languages for a native English speaker to learn. The grammar and sentence structure may be different, but it's also simpler. Both languages have Latin roots, and they share thousands of words that sound the same and have the same meanings. Consider the sentence, *L'ancien restaurant est à proximité du musée d'art*. The cognates for "restaurant", "museum" and "art" are virtually unchanged. The word *ancien* and *proximité* look a lot like "ancient" and "proximity". Put together, and you get *The old restaurant is near the art museum*.

Yohan is entertaining, and makes French easy to pick up and start speaking. If you'd like to learn French, be sure and join the French Class with Yohan.

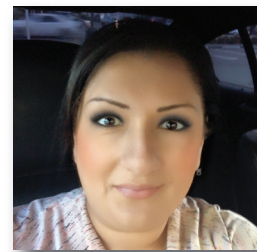
Book Club w/Stephanie

This month's Book Club will be discussing the Pulitzer Prize winning fiction novel *Less* by author Andrew Sean Greer. The hilarious story follows a struggling gay novelist named Arthur Less as he travels the world on a literary tour, as his fiftieth birthday looms. This satirical comedy is novel that covers romantic love, relationships, aging and travel.

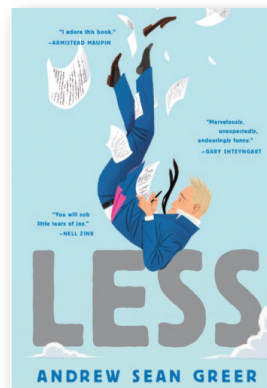
Yasmeen

Younan

Wellness Director
our May
Staff Spotlight



Yasmeen was born in Kuwait and moved to the U.S. in 1999 with her parents in search of a better life. She has five children, four boys and one girl, two pit bulls and a chihuahua! Her father lives with her too. Yasmeen enjoys making a difference in the lives of seniors because she likes helping people. She hopes to someday become a nurse practitioner. Yasmeen also loves traveling and visiting places where she has never been. One of her favorite places to visit with her children is Disneyland.



author Andrew Sean Greer (right)

Our Staff



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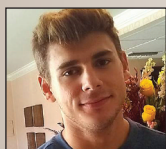
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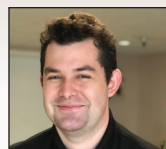
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